
MODERN MOMS

SAIMA SEYAR ASID, RID

Founder and Principal
Elima Designs

As founder and principal of Elima Designs, Saima Seyar has elevated interiors across Houston for over two decades. "My profession allows me to create functional art that enhances people's lives in residential and commercial spaces," she said, "but as a working mom, it's definitely a balancing act." One of her greatest challenges is finding herself in a state of overcommitment, but no matter how busy her schedule becomes between her career and her volunteerism with Houston Furniture Bank, Indus Arts Council and ASID, being a present parent for her two children - Zakir, 28, and Zoya, 20 - remains her top priority, even as they grow into responsible adults. "My advice to modern moms would be to take time for the necessary reboots, both for themselves and for their family," she said. The pandemic has provided Saima and her loved ones with the opportunity to reset, ultimately strengthening their relationships and allowing them to grow together spiritually. Even now, as they have received their vaccinations and are in the process of discovering their new normal as individuals, they haven't overlooked the simple act of checking in on each other. "No matter where their lives take them," Saima said, "I just want them to find happiness and fulfillment within themselves."

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